**WHAT’S ON**

**Monday**

Breaking Records Fitness – Over 50’s Circuits 10.30- 11.30 am

Necton Carpet Bowls Club 2.00 – 5.00 pm

**Wednesday**

Lunch Club ( 3rd Wednesday each month) 12.00- 1.00 pm

U3A Art Group (2nd & 4th Weds of the Month) 1.30 – 3.30 pm

**Thursday**

Coffee Morning (First Thursday of the month) 10.00 – 12.00

Silver Threads (2nd and 4th Thursday of the month) 1.30 – 4.30pm

**Friday**

Parent and Toddler group 9.00 – 11.00 am

**Saturday**

September- Breaking Records -Beginners Fitness 9.15am - 10.15am

Oct- Dec - Breaking Records – Learn To Lift 9.15am - 10.15am

**Sunday**

Modern Line Dancing 5.30 – 7.00 pm

For more information on any of these groups or to book the hall please contact Justine on 07483 412755 or via email:

[nectoncommunitycentre@gmail.com](mailto:nectoncommunitycentre@gmail.com)

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